

# NATURE REGINA 2025 ANNUAL REPORT



## President's Report

It was my pleasure to return to the office of President this past year with a full board of directors. We completed the process of officially accepting Friends of Wascana Marsh (FoWM) into Nature Regina and under Director Devon Anderson they continue to function as a committee of Nature Regina. We also welcomed two former FoWM board members to Nature Regina's board – Devon and Tara Sample.

Elizabeth Verrall continued to guide our governance work and much was completed in that regard. We have restructured our programs into six areas: Education and Public Outreach, the Native Plant Garden, Communications, Conservation, Members and Volunteers, and Fundraising. Directors have been assigned to each program and we are completing the process of developing new or revised job descriptions for the various areas under each. This has been a tremendous amount of work and I want to thank all the board members for their dedication and enthusiasm.

Nature Regina members are very active in the work that supports Regina's Bird Friendly City designation. It is extremely rewarding to see what can be accomplished when we work together with other nature organizations in our city.

I am really proud of the work that was done to create and adopt our Land Acknowledgement, special thanks to Jade Fisher and Jeffrey Gamble. The Land Acknowledgement is now given at our members' meetings and has been posted on our website.

The Native Plant Garden program has been undergoing some changes as well. Thank you to Gail Fennell, our past garden coordinator, who in 2018 said she would lead the garden work for five years. After seven years Gail has stepped back as coordinator but still remains active as the Garden Seed Sitter and Plant Sitter Leader. We owe a tremendous gratitude to Gail for revitalizing the garden and expanding its programs making it one of our most successful areas. The Native Plant Garden drew me personally into volunteering with the society, and I have to say

that Gail's vision and enthusiasm has kept me there. She has been a great mentor to many of us and for that we're very thankful.

As Gail stepped away from the helm, we quickly realized how big a role she was playing. As a result, we've tried to restructure the garden programs into manageable pieces and look forward to enticing new leaders to the various roles. That said, we owe a great deal of respect and thanks to the garden volunteers, who not only do the hands-on work in the garden, but have also offered valued input into helping us move forward. While we still need to recruit a Coordinator for the garden, I'd like to welcome Phil Johnson who took over as Native Plant Garden Leader on May 1<sup>st</sup>.

One of the more exciting undertakings in the past year has been the continued interest in the old Craig Golf Course. On April 21st, we held our second annual Crocus Walk along with Public Pastures, Public Interest and other friends. This 68-acre city park has been found to be home to over 200 species of prairie flowers, grasses, insects and other wildlife. Working with our partners, we hope to convince the City to include the park in the City of Regina's Park system as a naturalized park in order to protect and enhance native plant populations, and facilitate its enjoyment by people. And we plan to partner with the City to raise funds and develop interpretive materials and trails for the proposed new park.

We continue to be engaged with our various partners throughout the city including Nature Saskatchewan, Salthaven West, the Regina Public Library, various community associations and schools, and many more likeminded organizations. We are grateful to the media for their continued support, particularly Kayle Neis from the Leader Post who reports regularly on our activities, and also our friends at CBC and Global.

Thank you to current board members Jeff Gamble, Jade Fisher, Margaret Skeel, Dale Hjertaas, Jim Elliott, Julia Janicki, Devon Anderson, Linda Langenbacher, Elizabeth Verrall and Tara Sample (who left us mid-year) for your enthusiasm and support during this past year. And thank you to all our members and volunteers for making Nature Regina such a vibrant organization.

Respectfully,  
Elaine Ehman

## **Vice President's Report**

The last year as Vice President position has been largely focused on strengthening Nature Regina's operations and governance. This has primarily revolved around a commitment to the work of Elizabeth Verrall. Board governance and a structuralized approach to the operations of our organization can only ensure our longevity and make the work we do more effective and efficient. I look forward to continuing to embed into the position routine adherence to good governance. Aside from routine VP duties such as chairing the odd NR Board meeting or assisting in Seedy Saturday, Bird Friendly City, Bird Safe Initiative, or other Nature Regina events I'm most proud of the work Jade Fisher, Elaine Ehman, and I put into our land acknowledgement. While its creation was ultimately the work of Jade Fisher, being part of the process was hugely important to me and the organization. As a living document I am excited to see it evolve along with the organization as we strengthen our commitment to the Truth and Reconciliation movement. I am also encouraged that within every land acknowledgment is the tacit recognition that structural societal change is necessary to achieve a harmony with nature which strikes at the heart of Nature Regina's purpose. Our land Acknowledgement is as follows:

Today, as many diverse peoples from near and far share these lands, we pay our respects to the Indigenous ancestors of the nêhiyawak, Anihšīnāpēk, Dakota, Lakota, Nakoda, and Métis/Michif Nation, who welcomed settlers to this land in the spirit of sharing. We acknowledge that promises were broken to the Indigenous people of Canada. We recognize the past and present harms and injustices as we dedicate our efforts to work together in a spirit of collaboration and reconciliation to restore and respect Mother Earth for future generations. We are grateful to the people before us who have cared for the land, water, air, wildlife and plants in these territories as we learn to care better for and more deeply appreciate the beauty around us and our relationships with natural and human communities.

As Vice President I would like to offer a special thank you to all the board members for their work this year and working to better ourselves as a board. I have mentioned this in past reports but it is always worth mentioning: we wouldn't have accomplished a fraction of what we have without our volunteers. For any of you reading this and to those that won't, I want it known that I sincerely appreciate all your efforts. I'd also like to thank Tara Sample/Freeman for her efforts this year and trying to juggle a family and her volunteer board work with the organization. Finally, a thank you to all of you who continue to make Nature Regina the diverse, ever changing and growing community it has become and continues to be. Nature Regina wouldn't be what it is without your continued love and support. Together we are making a positive difference in our community and ourselves.

Submitted by,  
Jeffrey Gamble

## Speakers 2024/2025 Season

### Monthly Meeting Presentation Speakers for the 2024-2025 Season

We had the following knowledgeable individuals present over the course of the 2024-2025 season. The presentations were given on site at the Royal Saskatchewan Museum:

Speaker	Affiliation	Title/Content of Talk
Tory Hartley	University of Regina	Hoo's watching who? Using community science and satellite tracking to uncover Great Horned Owl nesting and hunting habits in Southern Saskatchewan
Fidji Gendron and Sarah Vinge-Mazer	First Nations University of Canada	Grow native plants in your garden
Britt Hall	University of Regina	Why are prairie pothole wetland ponds hot spots for methylmercury production
Ryan McKellar	Curator of Palaeontology, Royal Saskatchewan Museum	Using amber to investigate ancient ecosystems
Cam Hutchings	President of Regina Wildlife	The Regina Wildlife Federation

	Federation	
Mark Vanderwel	University of Regina	What drones can tell us about how trees are affected by climate change
Michael Mensah	University of Regina	Drivers and controls of salinization in prairie ponds
Laura Schnell	Institute for Microbial Systems and Society, University of Regina	Predicting toxin production by algae in agricultural reservoirs (dugouts)

Submitted by,

Jade Fisher

## Events/Field Trips

30 field trips were organized from May 2024 to April 2025, plus three Christmas Bird Counts were conducted. Three trips were *cancelled, because of extreme cold weather and sick leaders*. Over 223 people participated in the field trips. It continues to be wonderful to see a mix of long-time members and new folks attending! Nature Regina field trips are an amazing opportunity for folks to learn about nature and improve their skills in identifying birds, plants, and many other species.

We hosted a variety of field trips that covered a significant part of the province. Our furthest travelling trips included, again, looking for Whooping Cranes near

Estevan and Chaplin and Reed Lakes. Closer to Regina we visited Hidden Valley, Valeport Marsh, AE Wilson Park, NCC's Big Valley Property, the Yellow Grass grid, Katepwa Lake, Regina Beach, White Butte, Condie and our favourite location Wascana Park.

Our field trips are led entirely by volunteers and volunteers help to disseminate the field trip out to Nature Regina members. I am lucky to work with an amazing group of skilled volunteers. I am so grateful for these folks who continue to support field trips for Nature Regina by volunteering their time. This past year our field leaders were Sarah Ludlow, Brett Quiring, Dan Sawatzky, Dale Hjertaas, Ryan Fisher, Fran Kerbs and myself. Jim Elliott also led three Jane Walks in May which were a great addition to our field trip schedule. Additionally, Jim takes care of compiling the field trips into the Nature Regina newsletter and making sure any updates get out to members. Brett Quiring is the long-time Regina CBC Coordinator and does a great job! Kirsten Palmer posts the field trips onto the Nature Regina website calendar and Jackie Mertler takes care of posting the field trips on Instagram and Facebook and both have done an outstanding job!



I'm looking forward to more Nature Regina field trips to come in 2025-2026! Trips are already laid out for May and June! I hope you will join us on a field trip this year!

Submitted by,

Jared Clarke

## Seniors' Group

The seniors group operated successfully through the spring and summer, then became relatively inactive for the rest of the year. It has been revitalized for 2025 with a series of outings planned or already occurred. The group decided to include some longer, all day excursions which will include a June trip to Roche Percee.

Volunteer Hours: 50

Submitted by,

Roberta Cox and Dale Hjertaas, Coordinators

## Christmas Bird Count

Nature Regina hosted three Christmas Bird Counts as usual this year – Balgonie, Craven and Regina. All three were successful and well attended – Balgonie had 14 participants and counted 25 species; Craven had 22 participants and 26 species; and Regina had 39 participants and 42 species. The number of participants as well as bird seen were typical of long-term averages.

Most exciting birds seen were a California Gull on the Regina count, which was only the second ever seen on a Saskatchewan CBC, and a first record of a Sage Thrasher, also seen in Regina. The other notable find was the huge number of Gray Partridges on all three counts. The original count of 1651 observations doubled the all-time North American record for most seen on one count.

Submitted by,

Brett Quiring



## Membership

As of April 30, 2025, Nature Regina's membership is 213 members. Members fall into the categories in the chart below, with a Family membership being comprised of 2 members. One-year Complimentary memberships are provided to non-member speakers at our monthly meetings, and to the recipient of our Graduate Student Grant. Our Honorary members include Gail Fennell, Dorothy Rhead, Gary Seib, and Frank Switzer. We had 47 new members join in 2024 - welcome! Many members have not renewed yet - please remember to do so if you intend to remain a member.

Members receive our bi-monthly newsletter, notices of our monthly presentations (September - May) and activities, and voting rights at our Annual General Meeting. Members and non-members can attend Nature Regina events and are welcome and encouraged to volunteer in our programs.

Membership Category	Number of Memberships	Number of Members
Complimentary	7	7
Honorary	4	4
Family	61	122
Senior	46	46
Single	34	34
Totals	151	213

In January 2025, Nature Regina transferred our membership database from an Access file, where it resided for over decade, to an Excel file. Excel offers a greater ease of use, and with our newsletter and other communications now being sent by email to most members, we no longer require the paper mailing feature of Access. I thank Kerry MacDonald for the smooth transfer of the database from an Access file to an Excel file. I also thank Robert Antonowitsch for maintaining our membership database for the last 4 years. Jade Fisher has now taken on this responsibility.

At our 2025 AGM on May 26, the Board is bringing a proposal to the membership to change our membership year from September 1 - August 31 to a calendar year, i.e., to January 1 - December 31. This requires a membership vote to change the Nature Regina Constitution. If this passes, all current memberships will be extended from August 31, 2025, to expire on December 31, 2025.

Respectfully Submitted,

Margaret Skeel

## Social Media Report

Nature Regina continues to maintain two social media accounts on Meta Platforms, Inc.'s (Meta) Facebook and Instagram interfaces. Through these accounts, Nature Regina is able to directly interact with members, the public, and program partners and sponsors, as well as organize and promote Nature Regina events, projects, and programs.

A variety of demographics and performance metrics are analyzed for Nature Regina's Facebook and Instagram accounts by Meta. These statistics offer valuable insights into the make-up of the Nature Regina social media audience, and the content preferences of this audience. Nature Regina's Facebook page has grown approximately 500 members since November 2024; currently, Nature Regina's Facebook page has 3,520 followers. Nature Regina's Instagram page has grown approximately 100 members since November 2024; Nature Regina's Instagram page presently has 1,111 followers. The majority of Nature Regina's Facebook and Instagram followers reside in Regina (69%), identify as women (85%), and are between the ages of 35-44 years (41%).

According to performance metrics, social media posts that yield the greatest engagement by followers are those that feature Nature Regina events, programs, and volunteers. The most popular Facebook and Instagram posts by Nature Regina this past year have been those that promote or summarize field trips, advertise native plant giveaways and sales, describe Nature Regina bird and conservation programs, and introduce or feature Nature Regina volunteers.

Nature Regina continues to not use paid advertising on its Facebook and Instagram accounts. Thus, all social media engagement is generated organically and free of cost.

Submitted by,

Jackie Mertler

## Newsletter/MailChimp Manager

### Newsletter/MailChimp Editor Report

As Newsletter Editor, I put together 6 newsletters (5-8 pages each) each year providing information through MailChimp about field trips, general meetings, messages from our board and other relevant information about nature in our world. This has also allowed us to send out special mailings around the Native Plant Garden tours or other special events throughout the year.

Linked with this is a broader group of people who have voluntarily added their name to our subscriber list expanding our information sharing to 720. The 500 non-members that don't get the newsletter still get informed about events like field trips, our Annual Crocus Walk or our native plant sales. Within that tracking system, is the ability to send out surveys to our subscribers or meeting notices for volunteers. These can also be linked into our social media promotions.

I would remiss if I did not congratulate and give credit to the many other volunteers that provide content and ideas to me to sculpt into what becomes the pictures and print you see before you on a regular basis.

### Gmail Coordinator

The work here is to pass on inquiries to appropriate experts or to those in charge of specific programming, and photos to our calendar committee. During times when communication doesn't happen or work, a message can readily get through this way.

### Provincial Capital Commission Liaison

In the year of the Wascana Centre Master Plan review, I was able to gather our collective comments on the plan and to pass them on to the review committee. It also allows us to praise those areas where better efforts to protect nature within the park boundaries have been undertaken. This role can also allow us to be more informed about what is happening within the centre but also to query what has been seen or heard and provide comment.

Respectfully submitted,

Jim Elliott

### **Webmaster**

#### **WIX WEBSITE YEARLY REVIEW NEW & NOTEWORTHY:**

This year was my first year as webmaster. After meeting with Emily Haidl early in May to “show me the ropes”, the year started off strong with the Garden Tours. There were 23 field trips, 18 Garden tours, and 9 Monthly meetings and the President’s Picnic for a total of 51 events and graphics that were made for the last year. We also advertised Nature Saskatchewan’s fall meet and 70th anniversary. In addition, we advertised for a Fall Plant sale and a plant flash sale. Before the Board was able to assign a Social Media person, I was able to help Jim post until Jackie Mertler was able to assume the duties in October. Jackie has been a great addition to the communications committee! Welcome Jackie!

The website underwent some updates including: - Adding the 2023 Annual Report to the website - Launching the 90th Anniversary Page - Updating write ups for: - Get Outside! Kids Club - 2025 Calendar and Photo Challenge - Board Positions and vacancies - Volunteering webpage - 90th Anniversary Page and stories - Giving Tuesday - Graduate Student Grant - Land Acknowledgement. We’ve added a lot of new content to the website including publishing the 90th anniversary material and 2024 Calendar. Following suggestions from board members, we’ve made updates or changes to the following pages this year: - Home page - Removed the 90th anniversary from the banner - Get Outside - Various edits - Added the 2023 Report - Bird Safe Initiative - Various edits - Volunteer Page - Various edits - 90th Anniversary - Added a note about the cards and removed sale button - Removed the page that sold the cards - Updated content - Board and Contacts - Updated and reformatted contacts - Graduate Student Grant - Various updates

#### **GOALS FOR NEXT YEAR:**

We missed creating a page for the City Nature Challenge this year. It could be valuable to include a page on our site for the CNC. ANALYTICS: Note: all analytics pulled directly from the Wix Analytics & Reports section May 20th, 2025. Reporting period is May 1st, 2024– May 1st, 2025 compared to previous year (May 1st, 2023 - May 1st 2024). We had 11,472 site visitors which was a 14% increase from last year. We also had 6,972 unique visitors which was a 15% increase from the previous year as well. The majority of visitors were from Regina; however, there were additional site visits from across Canada and in the US. Our top page visited was our homepage. Events and the Calendar were close seconds with 3,897 page views and 2,538 page views respectively.

Submitted respectfully by Webmaster,

Kirsten Palmier



## City Nature Challenge 2024

The City Nature Challenge ran this year from April 25th-April 28th. This year we had a total of 429 observations, 149 species recorded, 89 identifiers and 34 observers. It was unclear if the event was going to go on with the uncertainty in the US. I was not able to dedicate as much time this year as previous years, which unfortunately led to a lower uptake. I have a plan to collaborate with the SK Conservation Data Centre for next year. I would also like to pick up making social media posts for the event, advertise over TV, and circulating posters as we did in past years.

Submitted respectfully,

Kirsten Palmier

## Conservation

Conservation grant was presented to Jay Vavadia for his research on the during- and post-construction impacts of the 100 MW Iyuhána Solar Energy Facility near Estevan on the birds and mammals of this area. I extend my thanks to Janet Ng and Jackie Metler for serving as the grant review committee.

Jim Elliott and Devon Anderson, Sandy Baumgartner from the Saskatchewan Science Centre, and I met with Jenna Schroeder and Josh Mickleborough of Provincial Capital Commission to discuss the disappearance of the boardwalk from the draft of their new master plan. We communicated that protection of birds was our first priority, but interpretation and education about birds was also very important and we felt a properly designed boardwalk could contribute to that, while their alternative proposal, a pedestrian track leaving the Broad Street bridge and cutting across the corner lake, would disrupt habitat with little benefit.

Nature Regina continued work toward protection for the area of the Old Craig Golf Course by continuing inventory of species there using iNaturalist, holding a second annual crocus walk to draw attention to the area and discussions with other groups on protection for the area. The Society has as its goal protection of the area as a natural park in Regina's park system.

Reviewed proposed amendments to the Environmental management and Protection Act and provided comments. In those comments we expressed concern about several amendments which moved responsibility from the Act to the Environmental Code and potentially weakened environmental protection. We also strongly objected to the proposal to remove the requirement for a State of the Environment Report from the Act. Instead, we recommended the section be strengthened by requiring the minister include in the report indicators on the most significant environmental issues facing the province.

Devon Anderson and I met with Jared Clarke, MLA and the NDP Environment Critic, to discuss the environmental issues of greatest priority to our society. The main issues we discussed were: wetland conservation and drainage, urban wildlife and parks, need to protect grasslands, need to ensure better management of biodiversity in provincial parks, species at risk, and climate change, the greatest single threat to biodiversity.

I wrote to Water Security Agency seeking action on getting water back in Nicolle Flats Marsh at Buffalo Pound Provincial Park, I received a reply indicating Water Security Agency planned to pump water into the marsh in the fall. Jared Clarke, MLA, following our meeting with him, wrote to the Minister of Parks, Culture and Sport, Alana Ross,

asking that the marsh be refilled. She replied that 425,000 cubic metres of water were pumped into the marsh last fall and plans are being developed to fill the marsh this year.

We have decided to strengthen conservation activities by creating a conservation committee and are currently seeking volunteers to serve on that committee.

Volunteer hours: 65

Submitted by,

Dale Hjertaas – Conservation Director

### ***Hidden Valley***

Beetles released on the leafy spurge in 2022 have been amazingly effective. In summer of 2024 we could not find any live spurge plants at the two large patches. However, seed remains in the soil, so we expect some regrowth in 2025 and may need an additional beetle release during the coming summer.

Trails at Hidden valley were maintained through the summer and continue to receive significant use.

On April 22<sup>nd</sup> 2024 a group of volunteers cut and removed caragana shrubs from part of the Hidden valley property where they had spread from an adjacent yard. While good progress was made, more caragana remains and a removal effort, aimed at removing caragana in the adjacent coulee and so halting its spread, is being planned for May.

Hidden valley's grasslands would benefit from grazing as a relatively natural form of disturbance. I have therefore initiated discussions with Fenek farms about potential grazing parts of Hidden Valley with sheep.

Volunteer hours: 75

Submitted by,

Dale Hjertaas, Hidden Valley Coordinator

### ***Graduate Student Grant***

After careful selection, the 2024-2025 Nature Regina Graduate Student Grant was awarded to University of Regina MSc Biology Student Jay Vavadia for his work studying the impacts of the 100 MW Iyuhána Solar Energy Facility on the birds and mammals of the Estevan area, located in southern Saskatchewan. Nature Regina extends their gratitude to the two adjudicators, Jackie Mertler and Janet Ng, who oversaw the selection process. They received five applications for the award, and they reviewed applications based on the following criteria:

- How the project could foster appreciation and conservation of the natural world;
- If the project furthers the understanding of ecological relationships in the natural environment in southern Saskatchewan; and
- Level of urgency for financial assistance.

Jay's proposal received the highest overall ranking for demonstrating a high quality of scientific research, strong ecological and conservation goals as well as indication of financial need.

The motion was put forward to the board on April 28<sup>th</sup> to approval the awarding of this grant to Jay Vavadia and the cheque is to be awarded on April 30<sup>th</sup>, 2025 prior to the new fiscal year.

Thank you again to the volunteer adjudicators, Janet Ng and Jackie Mertler, who took time out of their busy schedules to select a recipient for the NR Graduate Student Grant. Nature Regina also extends our thanks to all grant applicants and encourages them to apply again in future years.

Submitted by,

Julia Janicki

## Garden Report

The 30<sup>th</sup> anniversary of the Native Plant Garden occurred in 2024, and a number of events were held to celebrate. Our 2024 calendar highlighted the garden. We held a celebration on June 15<sup>th</sup> as part of Native Prairie Appreciation Week. The Royal Saskatchewan Museum produced hunt and seek cards as guides to the garden. We hosted tours of the RSM garden, and had presentations and many activities inside and outside the RSM. We got great coverage of the day by Kayle Neis of the Regina Leader-Post. Throughout the summer we had garden tours of our member yards and public gardens showing how to introduce native plants to a garden. These tours were immensely popular.

We held two native plant sales: one in June, our second spring sale, in partnership with the mâmawêyatîtan centre and the excellent assistance of the Growing Young Movers (a youth group in the North Central community), as well as our regular fall sale in September which has been held since 2021. Many of the plants for the sale were grown by Nature Regina volunteers; in addition, plants have been sourced from ALCLA in Alberta, Prairie Originals in Manitoba and more recently from A Prairie Bouquet in Asquith, SK. We continue to engage with local greenhouses to encourage growth and sale of plants indigenous to this area. Nature Regina donated \$1,000 to the Growing Young Movers for their help in the spring sale. The plant sales continue to be highly popular and an excellent source of revenue for the garden and to support our other programs.

As usual, we were invited to many attend many community events. We attended Seedy Saturday in March; were invited by the RSM to participate in their Earth Day event on April 22, 2025; and gave various presentations, including to the South Sask Lily Society. Many of these events involved giving away our seeds which requires volunteers to meet regularly to clean and package them up. These meetings, dubbed "Seedy Teas" by Gail Fennell, are held in volunteers' homes where tea (and "crumpets") are served and fellowship is enjoyed.

As well, we continue to foster partnerships with the Regina Public Library, particularly the Prince of Wales branch where we support their seed library. This winter we also assisted with seed cleaning and packaging of native seeds for them. It was a fun event held at the branch and many community members participated as well. We provided the Nature Conservancy of Canada with plant seeds which they intend to grow and use for restoration purposes.

The RSM continues to pay for bird seed for the feeders in the RSM garden. Arleene Arnold and Dauminique Napier have been faithfully looking after the bird feeders. We know our feathered friends who inhabit the garden are grateful.

Gail Fennell indicated her desire to step back from the Garden Coordinator position some time ago, so during the winter the board took the step of convening meetings with the garden volunteers for their input in moving forward.

Prior to the meeting, a committee of the board divided the work into manageable parts and devised an annual calendar of garden duties and events. The volunteers then refined the work and recommended that a paid contractor (similar to the Get Outside! contractor) be hired. The board agreed and as of May 1, 2025, Phil Johnson has been engaged for a six-month period as the Garden Planning and Maintenance Leader. It was apparent that a lot of the work, such as planning the plant sales and organizing volunteers for various events was also required. The goal is to find a volunteer or fund another short-term paid position to fill this role. These positions will be undertaken on a trial basis.

The garden volunteers met for the first time this spring on April 29<sup>th</sup> and began their annual “Spruce Up” bee. The garden continues to attract the bulk of new volunteers and as such there are many new faces in the garden.

We extend our warmest thanks to the many volunteers who helped out at the RSM garden, at the Balgonie and White City acreages, and the blossoming community initiatives. We thank the Royal Saskatchewan Museum for their continuing support and enthusiasm for the native plant garden, including Brie Hnetka, Executive Director, John Snell, Manager Exhibits and Programming and their staff and volunteers.



Earth Day, April 22, 2025



First day at the garden, April 29<sup>th</sup>, 2025

Respectfully submitted by,

Elaine Ehman

## Friends of Wascana Marsh

In 2024 Friends of Wascana Marsh (FoWM) moved under the auspices of Nature Regina, bringing our funds with us and with two of us serving as board members for Nature Regina. As we become established as a committee within Nature Regina, we will continue to advocate on behalf of Wascana Marsh and the Habitat Conservation Area, as well as supporting other Nature Regina initiatives.

In the spring of 2024, we operated a pond-dipping station for Nature Sask's May World Migratory Bird Day event near the Science Centre, and for Wascana Centre's WOW (Wings Over Wascana) School Day. Both were well attended and lots of fun for the volunteers and hopefully for the participants. As well as operating the pond-dipping for WOW, FoWM sponsored the buses and toilets and a hand-washing station. We plan to do the same this spring, and look forward to conducting some walks in the Habitat Conservation Area.

We have been in contact with the PCC/Wascana Centre regarding concerns over encroaching non-native species, such as caragana and irises.

FoWM welcomes anyone interested in volunteering with activities. If you have ideas for possible events which could educate and entertain families about the value of the marsh and natural landscape, please don't hesitate to let us know!

Respectfully submitted on behalf of Friends of Wascana Marsh,

Devon Anderson

## Habitat Conservation Area



World Migratory Bird Day 2024



## Education and Public Outreach

### ***Get Outside! Kids Club***

Cheryl Hymus-Fraser

Program Coordinator, Get Outside! Kids Club

Nature Regina has been delivering the Get Outside! Kids Club program since it's initiation by Shannon Chernick in the fall of 2020. Leadership of the program was taken over by Cheryl Hymus-Fraser in September 2023. The program has continued successfully for the past 5 years. The Get Outside! Kids Club is a free outdoor learning program offered by Nature Regina, Nature Saskatchewan, Sask Outdoors, and Woodhaven Regina for children ages 6 to 13 and their caregiver(s). Programming is offered on PD days or weekends and there continues to be a demand for this outdoor program.

The focus of the Get Outside! Kids Club is to provide opportunities for children and their caregiver to explore nature in a safe outdoor setting in a Regina park or green space. Research shows the mental and physical health benefits of spending time outside. In 2024-25, the Get Outside! Kids Club offered 18 events with approximately 627+ participants. In addition, Nature Regina partnered with other organizations to deliver public events that attracted hundreds of participants, including Star Stories night and the RSM Earth Day Event. We have also started a new partnership with the Regina Open Door Society to provide programming for new immigrants and we are planning more events with the Regina Open Door society for next year. In August, we partnered with the Autism Resource Centre and the City of Regina to provide two outdoor events for children and youth with autism.

This year we explored the following parks in different seasons:

- A.E. Wilson
- Les Sherman Park/Neil Balkwill Civic Centre
- McKell Wascana Conservation Park
- Wascana Park
- Behind Saskatchewan Science Centre
- Outside the Royal Saskatchewan Museum
- Wascana Habitat Conservation Area



There were 20 events from September to April and included 18 Get Outside! Kids Club events and 2 public events.

Some of the new things that have happened this year that we look forward to continuing to expand were the partnerships with the Regina Open Doors Society and the Autism Resources Centre. Some other goals for next year will be the following:

1. To continue to offer more programs with new immigrants and partner with local organizations, such as RODS, to plan and promote programming for new Canadians.
2. To provide inclusive programming for children with development or physical disabilities and explore partnerships with local organizations that specialize with this population. To provide

more programming specific to Winter Activities and promote outdoor activities in the winter months. This could include providing more learn to ski events.

3. To continue to expand and provide programming for youth over ages 13. We provided a learn to ski for this age group and would like to consider adding more events for this age group.

I am planning to register for Season 3 of the “Four Seasons of Reconciliation” Training in fall now that I have completed Season 2. I am also exploring further training in Indigenous education and reconciliation for outdoor educators.

I’m grateful for the opportunity to continue to provide nature-based programming in Regina. Many thanks to the City of Regina for partnering with Nature Regina for the Get Outside! Kids Club program.











## ***Get Outside! Preschool Club***

Cheryl Hymus-Fraser

Program Leader, Get Outside! Preschool Club

The Get Outside! Program for both Preschool and Kids Club program had incredible growth this year. We had over 2215+ participants registered for our programs in addition to over 750+ attendees at our public events. We have continued to also develop more partnerships with organizations in Regina, including organizations that work with diverse groups. We had a total of 14 partner organizations this year!

I've had the pleasure of running Nature Regina's Get Outside! Preschool Club since August 2022. Get Outside! Preschool Club was started in 2021 and was modelled on the successful Get Outside! Kids Club. The Get Outside! Preschool Club is an outdoor learning program for children between the ages of 2 and 5 who are accompanied by a parent/caregiver. The program remains very popular with a full registration in all sessions, and often within a day of opening registration!



The focus of the Get Outside! Preschool Club is to provide positive outdoor experiences for preschoolers and their parent/caregiver by introducing them to local nature spaces. Also, this provides inspiration for caregivers and children to spend more time connecting and engaging in their own nature spaces (backyards and/or public spaces in their own neighborhoods).

From September 2024 to April 2025 there were 39 events and over 1550+ registrants! The program continues to grow with more registrants and more partnerships. The new partnership with the Regina Open Door Society (RODS) has been an incredible addition to the program with a more diverse group of participants coming to events. Next year, I plan to provide more programming in partnership with RODS. We also started a new partnership with the Early Years Centre which has provided an opportunity to have new participants and also introduce people to the beautiful space at the Old Caledonia Golf Course.



The Get Outside! Preschool Club explored the following parks or green spaces in Regina in different seasons throughout the year:

- A.E. Wilson Park
- McKell Wascana Conservation Park
- Lakeridge Park North
- Kiwanis Extension Park
- Les Sherman Park/Neil Balkwill Centre
- Outside the Royal Saskatchewan Museum
- Kiwanis Waterfall Park
- Outside Science Centre/Candy Cane Park



The Get Outside! Preschool Club explored these areas with nature-based programming and activities. Activities included predator-prey games, scavenger hunts, bird watching and identification, pond dipping, animal tracks, using our 5 senses, noticing changing of seasons, nature crafts, water/mud kitchen, and learning about different animals and how they survive. Winter activities also included snow play with a snow kitchen, snow saws, finding snow stuffies, camouflage hide-and-seek, predator-prey games, as well as finding signs of wildlife in winter, making birdfeeders, and tobogganing.

As part of the program, we have an outdoor story time that promotes engagement and learning in a nature-based setting. Many caregivers use the activities and books in their own spaces! Also, many of new Canadian families were trying outdoor winter activities for the first time with their children! Unstructured outdoor play with loose parts is an important part of learning and exploring in this program. Loose parts include sticks, pinecones, snow, rocks, mud, etc.



Get Outside! Preschool Club has become a very popular program which is so encouraging since it means that more children and caregivers are interested and engaged in outdoor programming! Fostering children's connection to nature helps promote emotion regulation, develops physical literacy, and develops a respect for self, others, and other living things. It also promotes action related to climate justice and conservation in the long-term.

I'm grateful for the opportunity to continue to provide nature-based programming in Regina. This year I was not able to attend the Get Outside Conference in Banff so I am looking for other opportunities to continue to learn and network with other outdoor educators. Many thanks to the City of Regina for partnering with Nature Regina for the Get Outside! Preschool Club program.











## Bird Safe Initiative

As coordinator of the Bird Safe Initiative, I am proud our program captured the attention of local media organizations. Degrees Magazine compiled a great story on the initiative. The story can be found here:

<https://www.degreesmagazine.ca/finding-purpose-outside/2024/10/14/>

We were also fortunate to have the Leader Post (LP) do a story on the event that can be found here:

<https://leaderpost.com/news/from-flight-to-fall-when-birds-and-windows-collide>

Kayle Neis, the LP reporter who covered the story above, also mentioned it in his 2024 year-end “Meaningful Moments”, which can be found here:

<https://leaderpost.com/news/local-news/in-photos-five-meaningful-moments-from-2024-for-leader-post-photojournalist-kayle-neis>

We were also fortunate to have a live spot with the CBC’s Morning Edition after one of spring morning walks.

<https://www.cbc.ca/listen/live-radio/1-66-the-morning-edition-sask/clip/16145079-nature-regina-spends-week-spring-migration-looking-birds>



As of May 10<sup>th</sup>, 2025, the BSI has logged 281 birds with 57 rescues, 47 different species, and totaled 424 volunteer hours. While mitigative action in the corporate space has been largely nonexistent, we do hope to see the Royal Saskatchewan Museum (RSM) address the last remaining untreated window on the south side of the building. After the loss of a Northern

Flicker last year there have been talks to address this window, but as of yet no action has been taken. On the residential side however, there seems to be a growing uptake of the use of Feather Friendly window markers. Moving into 2025 we were hoping to get some traction on developing the program at the University of Regina but our initial ideas of liaising with The Regina Public Interest Research Group (RPIRG) at the university has come to a halt given the tensions surrounding the Students' Union's governance.

As a member of Bird Friendly City Regina (BFCR) I also assisted Elaine Ehman with her work there who's report is well detailed and you can reference.

Submitted by Jeff Gamble

## Bird Friendly City

Nature Regina remains active on the Bird Friendly City team along with Nature Saskatchewan and Salthaven West Rehabilitation Centre. Jordan Rustad (Nature Saskatchewan) is the current chair. Our city contacts have changed a number of times and although it's somewhat slowed our progress, there's always enthusiasm on their side. We are still working with the city on producing and installing signs about the BFC in city parks. We may need to pursue grant opportunities to help fund the signage.

Last fall during Nature Regina's Bird Safe Initiative's street patrols, City Hall and the Royal Saskatchewan Museum both had fatal bird window strikes. I wrote letters to both organizations promoting the use of Feather Friendly Window Tape and offering assistance in mitigating the problem windows. Representatives from both the City and the RSM responded that they would look into the issues but as of this report we have not seen any solutions – temporary or otherwise.

In September, Lacey Weekes (Nature Saskatchewan) applied for and received a grant from Nature Canada in the amount of \$3,000 to: 1) distribute Feather Friendly Window Collision Tape to individuals and businesses in Regina; 2) to create a social media campaign to engage citizens in speaking with their local city Councillor candidates about Bird-Friendly City initiatives during the 2024 civic election; and, 3) to assist with educational programming at Salthaven West. Angela Tremka (Salthaven West) noted that often people who drop off injured birds at their centre are interested in treating their windows, but can't always afford (and/or need help applying) the tape. All three of our societies continue to sell the tape at the same cost and Nature Regina volunteers often help install it.

Madison Pascal, an emerging Metis artist, created a beautiful painting, *Melody of the Seasons*, as a tribute to the Black-capped Chickadee, Regina's City Bird. The BFC held an unofficial unveiling of the painting this last winter as part of Nature Sask's Christmas Bird Count for Kids (CBC4K). Since then, our team has met with City representatives to discuss an official unveiling and permanent home of the painting. The stylized bird in flight will be used in future for media purposes.





### **About Melody of the Seasons:**

*This painting celebrates the City's Official Bird while encouraging us to embrace the incredible value of our native flora and fauna, especially within an urban environment. It inspires us all to play an active role in creating a community that fosters harmony between people and wildlife. By working together as a community, we can make our city a more welcoming and supportive place for all living beings, human and animal alike.*

*I wanted this piece to have a mixture of Art Deco and Metis influences. As this painting is a representation of myself but also of our city. Most of Regina's buildings are from the 1910s to 20's and display beautiful Art Deco architecture. Indigenous artwork, architecture, and design should be fluid throughout our City's government buildings and this is a small step in the way of inclusion.*

*The Chickadee is seen as an honest messenger or as a guide. I have always had a connection with birds and specifically the Chickadee; to me the Chickadee is a guide. I had gone for a walk with my partner and as I was telling him a story about the Chickadees, one flew and landed on my outstretched hand. It made both of us stop talking and just admire the tiny little being that made its presence known to us.*

*Madison Pascal*

In April, Angela, Jeff Gamble and I attended a Birdhouse Design Challenge put on by Concept3Business Interior. Angela did an awesome job as a judge. Our social media is very active on Facebook and Instagram, also thanks to Angela.

Jordan and Angela created an incredible video on the BFC Regina's work and plan to present it at a Nature Canada BFC Community of Practice event scheduled for May 8<sup>th</sup>.

In 2025, Nature Canada moved from a two-year to a three-year recertification application.

Jordan Rustad and Angela Tremka made an outstanding video presentation for a Nature Canada virtual BFC meeting, "Celebrating Shared Spaces in Canadian Municipalities": <https://youtu.be/zYB-LjqHVtw>

As usual, we look forward to participating in Nature Sask's 2025 World Migratory Bird Event. This year's event will once again be near the Sask Science Centre and the theme is "Shared Spaces: Creating Bird Friendly Cities & Communities".

Thank you to Jeff Gamble and Margaret Skeel for their active participation on behalf of Nature Regina.

Respectfully submitted by,

Elaine Ehman



## Treasurer's Report

Please refer to the 2024-25 Financial Statements that accompany the Annual Report.

Nature Regina remains in a good financial position. Our total assets are \$60,335, with \$32,760 of current assets invested in a GIC, and capital assets comprised of our Hidden Valley Nature Sanctuary. Our assets include \$9,805 gained when we welcomed the Friends of Wascana Marsh as a program of Nature Regina. The Friends of Wascana Marsh has ceased to be a separate entity and transferred their funds to Nature Regina. These funds, along with funds from the Native Plant Garden program and the Every Bite Affects the World project, are being deferred to 2025-26.

Our activities resulted in higher revenues than expenses, with a surplus of \$5,092 due to our Native Plant Garden Program. There was good support of our Society and our programs through memberships and donations – thank you! We are grateful for donations made in memory of loved ones including Yuko Kawamata, Bennett Killam, Miriam Richert and Barry Adamko. We also thank our three monthly donors and those who contributed on Giving Tuesday, which brought in \$1,200. Our fundraising endeavors – the sale of our annual members' calendar (141), bird-friendly window tape (33), *Growing a Native Plant Garden* booklets (32), and sets of 10 cards with art work by Trevor Herriot (13) – brought in \$4,391, and resulted in a total of \$2,948 gained after expenses. Thank you for supporting our programs through our fundraisers!

Environmental Education expenses included a grant of \$750 to the Salthaven West Wildlife Rehabilitation Centre, and materials for the Bird Friendly Regina and Bird Safe Initiative programs. The Graduate Student Grant of \$1,500 was awarded to Jay Vavadia. Our 90<sup>th</sup> Anniversary Celebration included our President's Picnic on Willow Island in August. Promotion expenses included attending the Teachers' Convention in the fall and website related expenses. As our Society has grown in our programming, Professional Fees were paid to a facilitator for 3 sessions to lead the Board through governance planning, resulting in a clarification of our areas of activity and responsibilities under each. This now guides our organization and clarifies volunteer opportunities - please step forward if interested in volunteering!

Our Native Plant Garden program, located at the Royal Saskatchewan Museum, is highly successful in showcasing the garden at the RSM, engaging volunteers, and working with others interested in growing and planting native plants. Our spring and fall native plant sales were highly successful, resulting in many native plants being planted throughout Regina. Sales brought in a total of \$14,293 (\$4,168 from the spring sale and \$10,125 from the fall sale), and resulted in a total of \$8,437 gained after expenses (with \$3,000 deferred to 2025-26).

Our Get Outside! programs, in their 6<sup>th</sup> year and supported by external grants as well as Nature Regina, continued to be very successful. The Get Outside! Kids Club and Get Outside! Preschool Club events were in high demand, with session registrations quickly filling up. Nature Regina provided in-kind support and professional development opportunities for the program leader and contributed \$1,940, including \$765 from donations directed towards this program. In addition to the regular public events, Get Outside! provided programming for new Canadians through the Open Door Society, for children and youth with autism through the Autism Resource Centre, for the Early Years Family Resource Centre (with

sharing of costs), and participated in a Star Stories Night event in February for a 2<sup>nd</sup> year, and Earth Day activities at the Royal Saskatchewan Museum in April. See the Get Outside! reports for more information.

The above activities, together with our programming related to the Bird Safe Initiative, our Hidden Valley Nature Sanctuary, Field Trips, our participation in Bird Friendly Regina and more have raised our profile in the community. This is reflected in our growing number of volunteers, our memberships, and our donation revenue.

Nature Regina is grateful for the continued support of the Royal Saskatchewan Museum through a grant for our maintenance and revitalization of their Native Plant Garden. We thank the City of Regina for financial support of our Get Outside! programs through the Community Grant Program, through funds from a Saskatchewan Parks & Recreation Association grant to the City, and through support in the Star Stories event. We are grateful to Canada Life Reinsurance for a grant to our Native Plant Garden program, Nature Saskatchewan for a Local Society grant, to Trace Associates Inc. Calgary for another donation this year, and to Lotteries & Gaming Saskatchewan for a Charitable Gaming Grant. Thank you to Sharlene Donauer for the handmade quilt for the raffle, and to our volunteer who named Nature Regina as recipient for support in SaskPower's Employee Volunteer Program. In addition, the support of our many individual donors is greatly appreciated. Thank you!

A formal review was not required for our 2024-25 or 2023-24 financial statements as Nature Regina did not meet the revised provincial requirement of Revenues >\$100,000. A formal review was undertaken the previous 2 years, in accordance with provincial requirements at that time of Revenues >\$25,000. There were no earlier formal reviews.


We are grateful to our many volunteers and supporters, and thank them for their generosity.

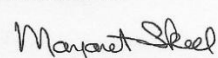
Respectfully submitted,  
Margaret Skeel, Treasurer

**REGINA NATURAL HISTORY SOCIETY**  
**STATEMENT OF FINANCIAL POSITION**  
For the Year Ended April 30, 2024

<u>ASSETS</u>		<u>2024-25</u>	<u>2023-24</u>
<b>CURRENT ASSETS:</b>			
Chequing Bank Account	\$ 26,230		
GIC Term Deposit	\$ 32,760		
Total Cash		\$ 58,990	\$ 37,365
Interest Receivable (GIC)		\$ 493	\$ 747
Accounts Receivable (GST Rebate)		\$ 275	\$ 299
Accounts Receivable (EYC)		\$ 150	\$ -
Prepaid 2025-26 Expenses (Liability Ins.)		\$ 99	\$ 1,136
2022-23 Expense Paid		\$ -	\$ 944
<b>TOTAL CURRENT ASSETS</b>		<b>\$ 60,008</b>	<b>\$ 40,491</b>
<b>CAPITAL ASSETS:</b>			
Land (Hidden Valley)	\$ 327		
<b>TOTAL CAPITAL ASSETS</b>		<b>\$ 327</b>	<b>\$ 327</b>
<b>TOTAL ASSETS</b>		<b>\$ 60,335</b>	<b>\$ 42,321</b>
<b>LIABILITIES &amp; NET ASSETS</b>			
<b>CURRENT LIABILITIES:</b>			
Accounts Payable (Financial Review)		\$ -	\$ -
Deferred Revenue (Every Bite Project)		\$ 1,637	\$ 1,520
Deferred Revenue (Native Plant Garden)		\$ 3,000	\$ -
Deferred Revenue (Friends of Wascana Marsh)		\$ 9,805	
<b>NET ASSETS:</b>			
General Surplus, Opening Balance	\$ 40,474		
Excess of Revenue over Expenses	\$ 5,092		
Net Assets, Closing Balance		\$ 45,566	\$ 40,474
<b>TOTAL</b>		<b>\$ 60,008</b>	<b>\$ 41,994</b>
<b>TOTAL Invested in Capital Assets:</b>		<b>\$ 327</b>	<b>\$ 327</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>		<b>\$ 60,335</b>	<b>\$ 42,321</b>

Approved on behalf of the Directors of Nature Regina

**President**   
Elaine Ehman

**Treasurer**   
Margaret Skeel



**REGINA NATURAL HISTORY SOCIETY**  
**STATEMENT OF REVENUES AND EXPENSES**  
For Year Ended April 30, 2025

<b>REVENUES</b>	<b>FY 2024-25</b>	<b>FY 2023-24</b>
Memberships	\$ 3,313	\$ 2,492
Donations	\$ 4,727	\$ 5,760
Bank Interest	\$ 630	\$ 747
Fundraising	\$ 4,391	\$ 5,716
Nature Sask Local Society Grant	\$ 500	\$ 500
GST Rebate	\$ 275	\$ 299
Miscellaneous	\$ 177	\$ 2,434
SK Parks, Culture & Rec Grant	\$ 2,000	\$ 2,000
Social	\$ -	\$ 102
<b>Subtotal</b>	<b>\$ 16,012</b>	<b>\$ 20,050</b>
Get Outside Programs*	\$ 19,422	\$ 14,737
Native Plant Garden Program**	\$ 17,058	\$ 2,625
Every Bite Project***	\$ 1,637	\$ 1,600
<b>TOTAL REVENUE</b>	<b>\$ 54,129</b>	<b>\$ 39,012</b>
<b>EXPENSES</b>		
Administration	\$ 1,229	\$ 828
Student/Conservation Grants	\$ 1,500	\$ 2,250
Depreciation	\$ -	\$ -
Environmental Education	\$ 1,605	\$ -
Fundraising	\$ 1,443	\$ 2,592
Hidden Valley	\$ -	\$ -
Liability Insurance	\$ 1,094	\$ 921
Meeting Space	\$ 2,038	\$ 2,266
Miscellaneous	\$ 149	\$ 1,648
Newsletter	\$ 606	\$ 414
90th Anniversary Celebrations	\$ 637	\$ 3,305
Promotion / Website	\$ 1,179	\$ 2,382
Professional Development	\$ 768	\$ 505
Professional Fees-Govern Facilitator	\$ 1,000	\$ -
Resource People - Honoraria	\$ -	\$ 100
Travel (e.g. Resource People)	\$ 534	\$ 784
Social	\$ 267	\$ -
<b>Subtotal</b>	<b>\$ 14,049</b>	<b>\$ 17,995</b>
Get Outside Programs*	\$ 21,362	\$ 15,272
Native Plant Garden Program**	\$ 11,989	\$ 2,486
Every Bite Project***	\$ 1,637	\$ 1,600
<b>TOTAL EXPENSES</b>	<b>\$ 49,037</b>	<b>\$ 37,353</b>
<b>REVENUES OVER EXPENSES</b>	<b>\$ 5,092</b>	<b>\$ 1,659</b>

\*See Schedule 1. \*\*See Schedule 2. \*\*\*See Schedule 3.

**Schedule 1:**

**GET OUTSIDE! PROGRAMS**  
For Year Ended April 30, 2025

	<u>FY 2024-25</u>	<u>FY 2023-24</u>
<b><u>REVENUES</u></b>		
Donations - Get Outside!	\$ 765	\$ 337
City Regina - Major Grant	\$ 14,400	\$ 14,400
City Regina - SPRA Grant	\$ 3,507	\$ -
Early Years Centre	\$ 300	\$ -
City of Regina - Star Stories	\$ 450	\$ -
<b>TOTAL REVENUE</b>	<b>\$ 19,422</b>	<b>\$ 14,737</b>
<b><u>EXPENSES</u></b>		
CR Kids Club -Program Mgmt.	\$ 4,500	\$ 5,700
CR Preschool Club -Program Mgm	\$ 9,500	\$ 8,300
CR Materials/Equipment	\$ 400	\$ 400
CR-SPRA Event Fee (6@\$400ea)	\$ 2,400	\$ -
CR-SPRA Materials/Equip.	\$ 593	\$ -
CR-SPRA Honorarium	\$ 267	\$ -
CR-SPRA Promo	\$ 247	\$ -
NR Program Mgmt. Fees	\$ 2,410	\$ 600
NR Materials/Equipment	\$ 295	\$ 272
EYC Preschool Club -Prog.Fee	\$ 300	\$ -
CR - Star Stories event Fee	\$ 400	\$ -
CR - Star Stories Materials	\$ 50	\$ -
<b>TOTAL EXPENSES</b>	<b>\$ 21,362</b>	<b>\$ 15,272</b>
<b>SURPLUS (LOSS)</b>	<b>\$ (1,940)</b>	<b>\$ (535)</b>

**Schedule 2:**

**NATIVE PLANT GARDEN PROGRAM**  
For Year Ended April 30, 2025

	<u>FY 2024-25</u>	<u>FY 2023-24</u>
<b><u>REVENUES</u></b>		
Spring Native Plant Sale	\$ 4,168	\$ 1,564
Fall Native Plant Sale	\$ 10,125	\$ 2,625
Canada Life Reinsurance Grant	\$ 1,925	\$ -
Quilt Raffle Ticket Sales	\$ 840	\$ -
<b>TOTAL REVENUE</b>	<b>\$ 17,058</b>	<b>\$ 4,189</b>
<b><u>EXPENSES</u></b>		
Supplies (soil, seed org, printing)	\$ 2,573	\$ 1,861
Plant/plug purchases	\$ 5,283	\$ 625
Growing Young Movers	\$ 1,000	\$ -
Quilt Raffle Ticket Costs	\$ 133	\$ 105
c/f into 2025-26 FY (Deferred Revenue	\$ 3,000	\$ -
<b>TOTAL EXPENSES</b>	<b>\$ 11,989</b>	<b>\$ 2,591</b>
<b>SURPLUS (LOSS)</b>	<b>\$ 5,069</b>	<b>\$ 1,598</b>

**Schedule 3:****EVERY BITE PROJECT**  
For Year Ended April 30, 2025

	<u>FY 2024-25</u>	<u>FY 2023-24</u>
<b><u>REVENUES</u></b>		
Donations	\$ 77.00	\$ 141.00
Every Bite Board	\$ 1,520.33	\$ 1,359.00
Book Sales @ \$20 ea.	\$ 40.00	\$ 100.00
<b>TOTAL REVENUE</b>	<b>1,637</b>	<b>1,600</b>
<b><u>EXPENSES</u></b>		
2 Awards (5 @ \$800 Each)	\$ -	1,600
c/f into 2025-26 FY (Deferred Revenue)	\$ 1,637	
<b>TOTAL EXPENSES</b>	<b>\$ 1,637</b>	<b>1,600</b>
<b><u>SURPLUS (LOSS)</u></b>	<b>\$ -</b>	<b>\$ -</b>



**NATURE REGINA 2024 - 25 Donors**  
**Thank You for Your Support!**

**Friends** (<\$25)

Anonymous (1)  
Devon Anderson & Phil Johnson  
Shirley Bartz  
Collin & Shirley Carbno  
Terry Craig  
Beverley Cross  
Bruce Crouter  
Brett Dolter  
Jill Forrester  
Gillian Harding-Russell  
Trevor Herriot  
Jan Hoffart  
Marie James  
Karen Lind & Joe Makin  
Barry & Valerie Mitschke  
Candy Seifert  
Lisa Simmerman & Brian Johnson  
Lynette Snelling  
Murray & Alison Steffenson  
Aldona Torgunrud  
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Vivien & Blaine Engel  
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Larry Philips  
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MaryRose Stang  
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Shirley Friel  
Julia Janiki & Alex Moyer  
Pat Lawson  
Regina Public Library  
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Danielle Stephens  
Lorraine Weidner  
Bonnie & Bob Yake  
Bonnie Young

**Benefactor** (\$100+)

Anonymous (1)  
Bert & Ruth Adema  
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Michael Dancsok  
Wendy Dean  
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Leah Japp  
Evelyn Jonescu  
Loanne Myrah  
Suzanne Posyniak  
Catherine Robertson  
SaskPower  
Margaret Skeel & David Donald  
Barbara Shourounis  
Ingrid Thiessen & Lawrence Baschak  
Trace Associates Inc. Calgary  
Elizabeth Verrall & Mike Burns

## List of 2024– 2025 Board of Directors

Nature Regina’s Board of Directors is elected each year at the Annual General Meeting. Executive positions are elected directly (president, Vice President, secretary, and treasurer); other directors are elected in-general. Chairs and coordinators are appointed by the Board.

The Board of Directors meets once a month (September-June) in the week preceding the monthly meeting. If you wish to bring an item to the attention of the board, please contact the president at natureregina@gmail.com. You may also contact one of the others through this email with attention to their name in the subject line.

### Board of Directors

President	Elaine Ehman
Vice President	Jeffrey Gamble
Secretary	Jade Fisher
Treasurer	Margaret Skeel
Past President	Elaine Ehman
Conservation Director	Dale Hjertaas
Director	Devon Anderson (FoWM)
Director	Jim Elliott
Director	Julia Janicki
Director	Linda Langenbacher
Director	Tara Sample (part-year)
Director	Elizabeth Verrall

### Contacts/Coordinators

Bird Counts	Brett Quiring
Bird Friendly City	Elaine Ehman
Bird Safe Initiative	Jeffrey Gamble
Every Bite Project	Elizabeth Verrall
Field Trips	Jared Clarke
Friends of Wascana Marsh	Devon Anderson
Hidden Valley Sanctuary	Dale Hjertaas
Membership	Robert Antonowitsch
Native Prairie Garden	Gail Fennell
News & Notes	Jade Fisher
Newsletter/MailChimp	Jim Elliott
Phoning	Deena McNichol
Program (General Meetings)	Jade Fisher
Publicity	VACANT
Seniors’ Group	Dale Hjertaas/Roberta Cox
Social	VACANT
Social Networking Editor	Thomas Haidl
Student Grant	Janet Ng
Volunteer Coordinator	Elizabeth Verrall
Webmaster	Kirsten Palmier
Get Outside! Preschool Club	Cheryl Hymus-Fraser (Consultant)